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FOR YOUR INTERN ABROAD TOOLKIT:

12-MONTH PLANNING TIMELINE AND PACKING LIST

12 MONTHS
> Make a list of your **personal goals**
> Research **programs that interest you**
> Work out **your budget, when you can go,** and **plan your school/career timeline**

11 MONTHS
> Focus more on **specific goals**
> Link programs to your **studies/career interests**
> **Chat with an** academic advisor
> Share the great news with your fam and get their two cents

10 MONTHS
> **Finalize your courseload** for the remaining semesters
> Start a **crowdfunding campaign** (early bird gets the worm!)

9 MONTHS
> Brush up on your **foreign language skills**
> Start following the **local news**
> Visit the Career Resource Center—**Update that resume!**

8 MONTHS
> **Research** your host country
> **Read a book** and watch a movie or documentary
> Work on your **interview skills!**

7 MONTHS
> Check in on your goals
> Map your **strengths and weaknesses**
> **Apply for a travel rewards credit** card w/no fees

6 MONTHS - HALFWAY THERE!
> **Apply for your program** as soon as applications open!
> Apply for **scholarships**

5 MONTHS
> **Organize all your travel documents** and copies
> Start scouring for **the best travel tips**

4 MONTHS
> **Seriously, apply!**
> Never. Stop. Reading
> Check up on that **crowdfunding campaign**

3 MONTHS
> **Book your flight & travel insurance!**
> **Coordinate housing** for next semester
> **Reach out to internship program coordinators** for any questions

2 MONTHS
> Register with **STEP**
> **Alert your bank** about your travel plans
> Download ALL THE APPS
> Research **work culture tips**
> You should have **almost all your $$$**

1 MONTH - TIME TO GO!
> **Get packing!**
> Speak to your advisors one last time
> Finish any **last minute school/work**
> **Buy a journal** to record your travels
> **Say au revoir** to friends and fam!

WHAT TO PACK

1. Your Passport!
2. Light jacket
3. Waterbottle
4. Sunglasses
5. Hat
6. Sunscreen
7. Appropriate work attire
8. Camera
9. Cash on hand & debit card
10. Phone or tablet
11. Any necessary medications
12. Journal
13. A good book
14. Emergency numbers and contact info
15. A durable backpack or luggage to pack it all in!